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# The Book of Revelation

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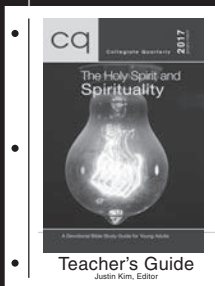
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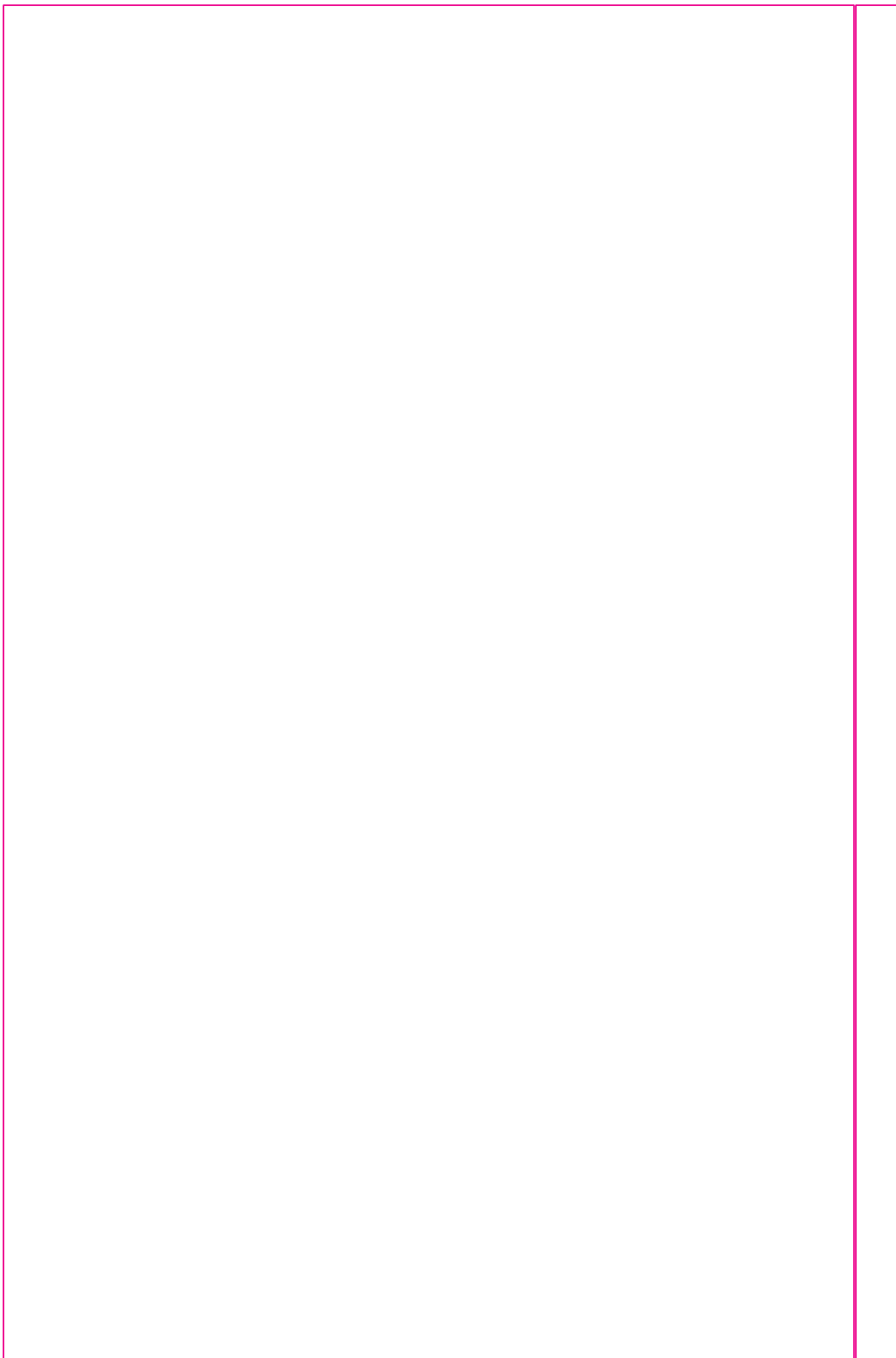
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# Getting the Most Out of CQ

## **FACTS YOU SHOULD KNOW**

CQ is based on the conviction that the Word of God offers transforming power and that group study is one important way to tap into that power. CQ's purpose is to provide Seventh-day Adventist young adults with a resource for devotional study on mutual topics that can then be discussed each week in Sabbath School. Many who use the *Adult Sabbath School Bible Study Guide* find that because CQ deals with the same topics, it enriches lesson study and discussion as a supplemental aid.

About four hundred Adventist young adults contribute to CQ each year. The wide variety and occasional repetition of the content reflect the great diversity of its contributors around the world as they respond creatively and individually to the subject.

## **POINTERS FOR STUDY**

1. Through prayer, open your mind to the Holy Spirit's guidance as you study.

2. The Bible passages on which each week's lesson are based appear in bold type in the "Logos" portion of the lesson. Read these entire passages.

3. The Bible passages for the week are usually divided into sections on the "Logos" pages. When studying these sections, carefully reread the Bible passages indicated in bold headings before reading the comments beneath the headings.

4. Read the other sections for the week with the perspective you have gained from your own study of the biblical passages.

5. Keep in mind the purposes of each section of the Bible study guide: **Introduction** is designed to stimulate your interest and focus your thinking on the week's theme.

**Logos** is a guide for direct study of the Bible passages for the week.

**Testimony** presents Ellen White's perspective on the lesson theme.

**Evidence** approaches issues raised by the lesson from a historical, scientific, philosophical, or theological perspective.

**How-to** discusses what the abstractions in the lesson mean for day-to-day living.

**Opinion** is a personal viewpoint on the lesson meant to encourage further thought and discussion.

**Exploration** provides the reader with a variety of open-ended, creative ways to explore the topic of the week's lesson.

## **CQ AND THE CHURCH**

CQ is the General Conference-approved Bible study guide for the young-adult age group. It upholds the beliefs of the Seventh-day Adventist Church. However, its contents should not be regarded as official pronouncements of the church.





## *This Quarter's* **Illustrator**



Seth Shaffer graduated from Southern Adventist University with a BA in history and a minor in global policy service studies before going on to receive a master's degree in sustainable food systems from Green Mountain College. He has always loved the outdoors and creating photographs of the natural world.

"Photography is a stress reliever allowing me to create images that tell a story but also capture the light and subject the way I envision them in my head before I began to photograph them."

Seth is also a contract photographer/writer for the *Adventist Review* and has also worked with *Creation Illustrated* in providing images for their magazine.